



# LONG SUTTON COUNTY PRIMARY SCHOOL PHYSICAL EDUCATION POLICY

## **Introduction**

Physical Education is a foundation subject in the National Curriculum. This policy outlines the nature of Physical Education, the entitlement of all children and how the subject is managed in our school. The implementation of this policy is the responsibility of all teaching staff and has the full agreement of the governing body.

## **The Nature of Physical Education**

Physical Education is about developing children's knowledge, skills and understanding of physical activity and introducing them to the pleasures of sport. It is a practical subject, which gives all children, irrespective of age, gender or ability, opportunities for participation, enjoyment and success. Through P.E. children are taught about fitness and the importance of a healthy lifestyle. Cross-curricular links are also used within P.E. for numeracy, literacy, history and many more subjects where appropriate.

Physical Education promotes personal, social and intellectual development. At Long Sutton Primary School, it encourages children to be confident, to co-operate with and be tolerant of each other.

When engaged in P.E. children are expected to behave in a considerate, responsible manner and show respect for other children and equipment. The ideals associated with fair play and good sporting behaviour is encouraged at all times.

## **Entitlement**

The National Curriculum states that children should develop their knowledge, skills and understanding of physical activity through the following:

Key Stage 1 - dance, games and gymnastics.

Key Stage 2 - dance, games and gymnastics and two further areas of activity selected from:

- swimming and water safety
- athletics
- outdoor and adventurous activities.

Whilst the expectation that all children are entitled to 2 hours of high quality P.E. each week has changed, in the absence of a stated minimum we will continue to offer 2 hours of P.E. each week, with a variety of extra-curricular sporting activities being available to all children at lunchtimes and after school, and contributing to this weekly aim. The lunchtime P.E offer will be adult-led and will build across a term into an element of competition, offering children the opportunity to compete for their houses and providing opportunities for older pupils to take on leadership roles within sport.

Developing physical skills is a very important part of the education of young children. Reception children at Long Sutton Primary School have the same access to the P.E. curriculum as those in Key Stage 1. Staff should refer to 'Curriculum Guidance for the Foundation Stage' for further advice/support. Physical activities in the nursery focus on developing control, mobility, awareness of space and manipulative skills in indoor and outdoor environments.

## **Implementation**

The QCA and Val Sabin schemes of work have been used as a basis for the planning and teaching of physical education in our school. Val Sabin schemes continue to be used through Year 1 – 6 for the teaching of gymnastics, dance and games. In addition to these the fundamental movement skills which are the focus of the 'RealPE' and the 'RealGym' schemes of work will be used increasingly for assessment and to ensure consistency across the school.

All children in Yrs 1-6 go swimming. Teachers involved in swimming lessons have completed 'The Lincolnshire Basic Swimming Teacher's Award'. At least one member of staff has completed 'The ASA Swimming Teacher's Award'. At least one member of staff has completed 'The Reach and Rescue Award'. Our school employs two specialist swimming teachers at Spalding Pool. A lifeguard is always in attendance.

## **Safe Practice**

All children should change into appropriate clothing for physical education lessons. The school P.E. kit is a white t-shirt and navy shorts, both of which can be supplied by the school.

- During cold weather tracksuits and sweatshirts will be allowed to be worn.
- Trainers are to be worn for outdoor activities. Football boots may be worn at the teacher's discretion.
- Plimsolls are to be worn by children in Year 3 – 6 for games played indoors.
- They will be barefoot for gymnastics and dance.
- Newly pierced ears must be taped up and all other jewellery must be removed.
- Long hair must be tied back.
- Children must bring a letter from an adult if they are not able to participate in physical education.
- Any child forgetting their kit will be given a warning and replacement kit will be provided. On forgetting their kit a 2nd time a phone call will be made home.
- Any child feeling unwell or who injures themselves during P.E. will be dealt with by the nominated first aider within the school.
- If at any point an injured child is being taken to the first aider then they will be escorted by 2 other pupils or T.A.

## **Equipment and Resources**

Equipment is checked by teachers before children use any items for wear and broken parts each lesson. A yearly risk assessment is carried out on all areas and equipment used for P.E. within the school.

## **Inclusion**

Every attempt is made to integrate special needs children into participating on equal terms with their peers. As part of the SchoolGamesMark, the school has done and will continue to do an inclusion audit and action planning priorities taken from this for each academic year.

## **Assessment**

Assessments are made with reference to the learning outcomes and the expectations in each unit of the QCA or Val Sabin scheme of work. Progress is reported to parents annually. There will be a transition to the use of S.A.C. assessment maps, a tailored resource that fits the new National Curriculum.

## **Review**

The Headteacher, Subject Leader and Governing Body will review this policy every two years in consultation with staff.

Written – May 2015  
Reviewed – May 2017  
Next Review – May 2019

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